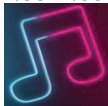


RECREATION SCHEDULE		September 2026			EXERCISE SCHEDULE	
Mon. Line Dancing - 1:00 - 2:00 pm Mon. Interm. Line Danc. - 2:30 pm Thurs. Crafts - 10:00 am Thurs.(1st & 3rd) Quilting-12:00-4:00 pm Fri. Farmers' Market - 10:00 am					Mon. Tues. & Wed Walking Aerobics 4:00 pm Mon. Tues. & Wed Seated Yoga 4:30 pm Tues. Light exercise w/bands & wts 9:00 am Wed Light exercise w/bands & wts 9:00 am Fri. Light exercise w/bands & wts 9:00 am	
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1	2 Tech4Seniors 10:30 a.m.-Noon Tai Chi Chih 3:00-4:00 p.m. Tai Chi Chih contin. practice 4:00-4:30 p.m.	3 Morning Wake Up 10:00 a.m.-Noon Quilting- 12:00-4:00 pm	4	5
6	7 LABOR DAY	8 Can & Bottle pick-up 9:00 a.m.  Corn Hole 10:00 a.m.	9 Social Com & Board Meeting 10:00-12:15 Tai Chi Chih 3:00-4:00 p.m. Tai Chi Chih contin. practice 4:00-4:30 p.m.	10 Bingo 5:30 p.m. paper 6:30 p.m. game	11 Recycle	12 Happy2Hour Luau 4:00-6:00 p.m. 
13	14	15 Bunco 1:00 p.m.	16 Tai Chi Chih 3:00-4:00 p.m. Tai Chi Chih contin. practice 4:00-4:30 p.m.	17 Morning Wake Up 10:00 a.m.-Noon Quilting- 12:00-4:00 pm	18	19 Crier Deadline Jam Session 1:00-4:00 
20	21	22  Corn Hole 10:00 a.m.	23 Tai Chi Chih 3:00-4:00 p.m. Tai Chi Chih contin. practice 4:00-4:30 p.m.	24 Veterans' Group 10:00 a.m.  Bingo 5:30 p.m. paper 6:30 p.m. game	25 Recycle Book Club 10:00 a.m. 	26 Potluck 5:00-7:00 p.m.
27	28	29	30 Tai Chi Chih 3:00-4:00 p.m. Tai Chi Chih contin. practice 4:00-4:30 p.m.			
			Advertising Pay-Pal or put in clubhouse association office door slot - call Martha Kelley 1-916-390-6295	Linda Evans, Editor - evansjellybean@aol.com D'Arcy Hale, Assistant Editor - haledarcy150@gmail.com Char Henderson, Graphics Editor - charhend@gmail.com Scott Hillis, Assembly - scotthillis@gmail.com D'Arcy Hale, Calendar - haledarcy150@gmail.com Martha Kelley, Invoicing - mkelley7117@aol.com Judy Wilson, Distribution - judy.wilson@yahoo.com		