



# THE CRIER

## JANUARY 2023

### BOARD PRESIDENT

Leslie Beecher



The new Fundraiser Committee is off to a great start. They have created a packet of information to get you going for the New Year. They will guide you through the process and even help you pick from a

list of tried and true fundraiser ideas. If you have an idea for a Fundraiser, get in touch with Cathy Wheeler or Judy Wilson to get the process started. We hope to see lots of new fundraisers this coming year.

Catalytic converters are again causing problems in our neighborhood. In the month of December, thieves cut a hole in the fence of the RV storage lot. One or two catalytic converters were stolen. If you notice anything that doesn't look right or out of the ordinary, or just suspicious, call management and the police.

I have been in contact with the CHPD and they are still patrolling 1 to 2 times daily for the foreseeable future. We are extremely lucky to have a police force so dedicated to Keeping Our Park Safe!

I want to mention that Victor Lillywhite and his associates did an excellent job of hosting and explaining the pre planning process for final arrangements on December 13th. Lunch

was provided by Olive Garden along with pre planning booklets for all who attended.

Thank you Victor, for being the first to launch our new SPEAKER SERIES for Seniors Presentations. Stay tuned for more topics of interest for the coming year.

SCAMS Again...looks like they are here to stay. They certainly seem to be a sign of the times.

Phone calls, emails, texts, all asking for money, gift cards, donations, and personal information. And there are even a few that ask "Do you have a minute to talk?" These are all SCAMS! If you do not know these folks or recognize the email, hangup and delete the emails or text. If the information looks legitimate but feels wrong, call the company or sender to confirm. If it feels suspicious, it probably is!

Andrea Segal, who was one of the board's directors at large (DAL), has resigned her position as Auditor. Thank you so much Andrea, you did such a great job and we will miss you ! Carol SPIKER was voted in to fill the open DAL position at our last board meeting. Please welcome her to her new position.

Last but not least, The TEDDY BEAR Luncheon was a huge success! Our CHPD looks forward to attending every year, and of course bringing the Teddy Bears and stuffed animals back to the station to share with needy families and children. Thank you to all who donated, attended, and made this function such a huge success!

### FROM THE EDITOR

Linda Evans



As Leslie said, the scammers are out in full force at this time of year. We all have to be aware at all times. I recently received this article from the Social Security Administration. It's a helpful reminder to

always be cautious when you receive questionable emails or phone calls and DO NOT GIVE OUT ANY PERSONAL INFORMATION.

“Many of us spend the holidays relaxing and sharing in goodwill with friends and family. But some bad actors use the holidays to take advantage of people’s generous spirits. Scammers frequently target the older and other more vulnerable members of our communities. They pretend they are from Social Security or another government agency to steal your money or personal information.

Caller ID, texts, or documents sent by email may look official, but they are not. Fraudsters are calling to verify information about the 2023 cost-of-living adjustment for people who get benefits. Remember, this adjustment is automatic and a beneficiary does not need to verify anything. Social Security won’t ask you to provide information or money to get your benefit increase. Know that how we do business with you doesn’t change because it’s the holidays. We may email or text you about programs and services, but we will never ask for personal information via email or text.

Recognizing the signs of a scam can help you avoid falling victim to one. These scams primarily use the telephone to contact you, but scammers may also use email, text messages, social media, or U.S. mail. Scammers **pretend** to be from an agency or organization you know to gain your trust. Scammers say there is a **problem with your Social Security number or account**.

## NOSY ROSIE



Oh boy! Oh boy! Oh boy! Is this ever going to be fun! For those of you who have been following this column, you have surmised that Miss Nosy Rosie has several goals for her column. One is to point out the

contributions of volunteer efforts of our residents to our mutual enjoyment. The other goal is to gossip! This is after all, a gossip column! The most fun way to accomplish this goal is to gossip about the persons I have just lauded for their contributions! This month will be no different!

Mostly, I would hope that you, gentle readers, will seek out these individuals, thank them for their services, and then tease or torment them about whatever else you have learned from this article! In advance, thank you for your service!

Lots of my subjects have been about folks who have been helping around here for eons! Some have served on the Social Committee or our Association Board. Or the employees who keep up the grounds for us, year after year. But the subjects of this article were recommended to me by someone who has her finger on much of what goes on around here (and who, by the way was covered in my very first “Miss Nosy Rosie” column!). That would be Judy Wilson! She told me that a couple of guys who moved in here in the last couple of years (like, in the middle of the pandemic!) have been helping me so much. They're not wanting to take over and run things! They just want to help out if they can!” Miss Nosy Rosie does not ignore Judy Wilson, and does not suggest that any of you do so either!.

As it turns out, I had actually met these gents before. At the beginning of my interview with them, they reminded me that they had encountered me over a year ago. They were buying tickets for the Halloween Dinner-Dance, and were being asked :Who would you like to sit by?” They said that it didn't matter. They didn't know anyone. Along came Miss Nosy Rosie and said:”Put them at my table! I want to pick on them!”. Which I did! And now I will properly introduce them to you:

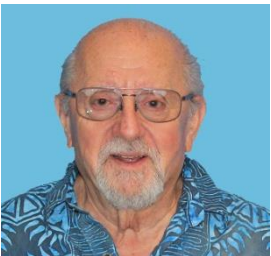
Their names are Sam Kuykendall and Bryan Nather. So here's two guys that moved in right when the pandemic had taken over. Not a lot was going on! They went to the office and were encouraged by Joy and Kristi about how

many activities would be available eventually! The clubhouse was closed. One of their new neighbors, Vonnie, dropped by to welcome them. Thanks Vonnie!!

Here's what is amazing! Once things started opening up, who was there to help set up, clean up, back up, and according to Judy, do whatever she needed done? Sam and Brian! Help with Bingo! Call Bingo! Whatever! Don't seem to want to be in charge! Just seem to want to help out where they can!

O.K.! Gossip time! This will be short because I'm only allowed so many words. Also because my main source for gossip on newer folks is each other! Sam told me that Brian out-geeks the "Geek Squad"! He is so techie! Bryan shared that Sam's favorite hobbies are jewelry and, believe it or not, sewing! Please kid them about these revelations.! More importantly, introduce yourselves and open yourselves up to a very special friendship! I, for one have bonded with Sam and Bryan, and I promise to continue to pick on them from here on!!!

## **OUT FROM BEHIND SHENANIGANS BAR** **Al Fichera**



We at Shenanigans hope the New Year brings happiness and good health to you and yours! Why not celebrate that with a perfectly crafted Bloody Mary on New

Years Day, or whenever the mood strikes you. Here are some tips to ponder before making your first one this coming new year; I'll list the main ingredients below.

### **Should you shake or stir a Bloody Mary?**

The wise bartender would prefer that you stir it so please don't shake it because the tomato juice will foam up and lose its texture.

### **What's the difference between a Bloody Mary, Bloody Maria, Bloody Mary Ann,**

**or Bloody Margaret?** Just the booze, my friends. Whether it's vodka or tequila or bourbon or gin. A Bloody Mary made with gin is called a Red Snapper Cocktail in the United States, otherwise it's also known as a Bloody Margaret. The tequila, bourbon or gin would certainly take on a decidedly different flavor from the almost lost flavor of vodka.

### **Should your Bloody Mary be thick or thin?**

Go for as thick as you can make it starting with tomato juice, Clamato juice, or V8 as the base and if desired add some tomato paste to up the ante of thickness. I'm a fan of V8 for a more complex flavor.

### **Why is celery a good go to ingredient for your Bloody Mary?**

The flavor of celery compliments the tomato juice, makes a cool stir tool; however your cocktail can be enhanced with celery seed or celery salt in case you ran out of celery.

### **What are the basic ingredients to have on hand before you start?**

Let's start with the booze, and please don't skimp on the quality of the liquor, be it vodka, tequila, or gin for the clear spirits, or a good bourbon for a Bloody Mary Ann. The following recipe is for one small cocktail, just multiply the ingredients for a larger cocktail, or keep some refrigerated on hand in case you want a second one later on; I mean, it could happen you know.

- 1.5oz vodka or your favorite spirit (Now if it could only be made with rum, nah.)
- 3oz to 4oz of tomato juice base
- 1/2tsp to 1 tsp horseradish, to taste, (*1 tsp might be pushing it for most people.*)
- 1/4 tsp Worcestershire Sauce or more if you like the flavor
- 1/2 oz of fresh lemon juice, (None of that plastic squeeze stuff please!)

- 1 to 10 dashes of Siracusa or Tabasco Sauce (In the case horseradish didn't get it hot enough!)
- Pinches of salt and pepper

Optional:

Pinches of celery salt and garlic salt, again to your own taste.

We hope to see you at Shenanigans Happy 2 Hours this year, same place, same fun people, same great eats, and perhaps a new Signature Cocktail that we haven't served yet, and the same Happy prices, too.

**SOCIAL COMMITTEE**

**Kathy Cooley and Peggy Hollis**



Happy New Year to all the residents at Lakeview Village! Hoping the Christmas holiday was filled with great times and wonderful memories with family and friends. We are looking forward to a new year filled with our traditional events and new activities. Peggy and I would like to thank everyone who attended last month's meeting. We invite you to join our fun loving group this month on Wednesday, January 11 at 10:00 a.m. in the clubhouse. Enjoy the refreshments and meet new friends as we plan 2023. This will include new and exciting events. Watch for upcoming activities such as Karaoke/Pizza night, Thrift Shop Swap, Variety Show, and an afternoon with Barbra Streisand featuring Sharon Owens! Be sure to mark your calendar and read the Crier for dates and times.

With the New Year comes new changes. Moving forward, tickets purchased for events

will need to be presented at the door for entry AND meals.

It is citrus fruit time! Residents who would like to donate fruit to the Farmer's Market, can deliver fruit to the community center on Thursday afternoon or Friday morning before 10:00 a.m. If you need assistance with delivery, please call Rick Shafer at 916 485 2523.

We would like to thank all the volunteers who help with clean up after our events. You are awesome and greatly appreciated! Here's to another amazingly social New Year!

<b><u>Date</u></b>	<b><u>January, 2023</u></b>
6,13,20,27	Farmers Market
11	Social Committee Meeting
11	Board Meeting
14	Happy 2 Hour-Mardi Gras
17, 18, 19	Pizza Karaoke Ticket Sales \$5.00
20	Setup Clothing Thrift shop
21	Thrift /Shop
28	Pizza Karaoke - Bar Open

<b><u>Day</u></b>	<b><u>February, 2023</u></b>
3,10,17,24	Farmers Market
1/31, 2/1,2/2	Valentine's Ticket Sales
8	Social Committee Meeting
8	Board Meeting
11	Valentine's Dance & Dinner
18	Fiddlers
25	Happy 2 Hour

**COMPUTER USERS' GROUP**

**Rosalie Ingle**



The Computer Users' Group is not just for those who use a computer! Do you use an iPhone, iPad, Laptop, or other means of communication and information finding tools? Then our group is for you. Learn about spam, scams, new

models of equipment, new programs. Bring your problems and let's see if we can help you.

Tip for Today: Be careful when a program you use asks you to upgrade your information with them. I received one from Xfinity. (Why a space in the middle of the name?) I will not be responding.

The Computer Users' Group has been available to Lakeview residents for the past 22 years. We feel it is time for a name upgrade. This will be decided at our January 2023 meeting on Wednesday, January 4, 2023, from 10:00 to noon in the clubhouse. We would love to see YOU at our meeting. No dues. Just learning.

### **FROM DIANE'S KITCHEN**

#### **Diane Perry**



#### **Mardi Gras Happy2Hour Recipes**

Hope you all made it to our Holiday Happy2Hour in December. The decorations were awesome thanks to the decorating committee. Al Fichera and the Shenanigans crew outdid themselves. And with the help of Lori Withers, Cindi Johnson, Cathy Jones, Karen & Jeff Petersen, the food was tasty. Here is the most requested recipe from the event.

#### **Vegetarian Stuffed Mushrooms**

##### **Ingredients**

- 1-1/2 lbs. baby bella mushrooms
- 2 tablespoons butter
- 2 cloves garlic, diced
- 1/4 cup panko breadcrumbs
- Kosher salt
- Fresh ground pepper
- 1/4 cup grated parmesan + more for topping
- 4 ounces cream cheese
- 2 tablespoons fresh parsley, chopped + more for garnish
- 1 tablespoon fresh thyme, minced

#### **Directions**

1. Heat oven to 400 degrees. Grease a cookie sheet with cooking spray.
2. Clean mushrooms, remove stems. Roughly chop stems.
3. Place mushroom caps on baking sheet. Brush with olive oil, sprinkle caps with salt, pepper, and granulated garlic.
4. Melt butter in a skillet on medium heat, add mushroom stems and cook until most of the moisture is gone about 5 minutes. Add garlic and cook until fragrant about 1 minute.
5. Add the breadcrumbs and let toast slightly about 3 minutes. Season with salt & pepper. Remove from heat and let cool slightly.
6. In a large bowl mix mushroom mixture, 1/4 cup parmesan, cream cheese, parsley, and thyme. Add salt and pepper.
7. Fill the caps with filling and sprinkle with parmesan.
8. Bake until the mushrooms are soft, and tops are golden, about 20 minutes.
9. Garnish with parsley.

### **NEIGHBORHOOD AWARENESS**

#### **Gary Kiddie (916) 847-4909**

Well, we are on our way into 2023. Janet and I sincerely hope that we can be of service to you and the village in general.

As some of you may know, on or about November 24<sup>th</sup> or 25<sup>th</sup>, there was another theft of catalytic converters from our RV Parking. We were one of them. According to the citrus Heights Police, they cut a hole through the fence special saws that cut through them within 20 seconds. This is the 2<sup>nd</sup> time for our RV. The last time it cost \$3,000.00. This time I shall have one of those rebar cages put on. Of course, the management and owners say there is nothing they can do about it. When asked at the office if anyone else had reported a stolen catalytic converter, they acted like I was the only one. We had been on a vacation and

returned on the 9<sup>th</sup> of December and no one else had reported any loss??? Just us, I guess??? A few days later I questioned them again and was told someone else had called in and said they lost theirs but would not share the information.

Last month I gave you some information on Reported Crime websites. I added one more called SpotCrime. They are sometimes informative.

We will return to our regularly scheduled meetings on the 3<sup>rd</sup> Wednesday of the month at 6 pm. Next one being on the 18<sup>th</sup> of January. Again, I will supply some light snacks and you can bring your own drinks. I intend to have more speakers this year and if confirmed on dates in time I will announce them in this article. We shall continue to have an open forum where residents can listen and make comments on situations happening in and around our community that affect our safety and security.

Again, if you see anything unusual, please contact one of us. If I am unavailable call another volunteer.

Jay Gluck (916) 728-6194  
Victor Michael (916) 704-1816  
Judy Wilson (916) 878-7125  
Rick Shafer (916) 201-2744  
Dave Wheeler (707) 292-0777

## **PET CORNER** **Melinie diLuck**

### **Kids and Critters**

It all began in the 60s during my eleven year marriage to a hunter. Every evening when he returned home from digging ditches, I'd slowly and carefully open his large metal lunchbox. I wasn't fearful that the used wax paper that I'd wrapped his three different sandwiches in the night before were going to attack me. No. The surprise was the furry warm baby animals his Ditch Witch ditch digging machine turned over

in the dirt. He brought them home to me to bottle feed and nurture every two hours of my day and night. Never mind that my days were filled taking care of four young stepping stone children. Yep, you guessed correctly... Catholic. Plus I had all of the housework and cooking to do.

Anyway back to these fur family additions. Sometimes I didn't know what the animals were. For instance, Kangaroo Rats. You never heard of them either? This was long before Google and I certainly didn't have the time or luxury of running to our local library with four children tied to my waist with leashes and harnesses. I didn't have a clue on how to take care of them, so I did my best with doll bottles and goat milk. But the best laid plans went amiss when my dad came for a visit and I asked him to take care of my kids while I ran an errand. When I returned an hour later my dad was in a panic...so unlike his "cool Daddio persona. "I'm sorry, Melinie," he lamented, "Your cat, Sam discovered the kangaroo rats and I tried to stop him." He was almost in tears as he told me that Sam ate every last one. I felt between shock and relief. I felt sorry for the untimely death of the rats entrusted to my care, but also relief. But I knew that there would be other baby animals popping out of my husband's' lunch box. And there were...many more.

He was also an avid hunter and expected me to cook what he killed. No way! I couldn't. If you know me, you know my background and that I work to save animals, and not only cats and dogs.

The last straw for me was one evening while we were out for a drive in the hillside around Yolo in his pickup. He saw a squirrel, reached for his rifle in the gun rack behind me, and shot it just for the heck of it. The next night I told him that he was moving out and we would divorce. He left that night right into his childhood bedroom of his parents' house, thus ending the stream of baby animals. To soothe my children, I took them to the animal shelter to pick out four cats, one for each. My son

wanted a snake instead. Now what? I discovered that we could rent a snake for a donation from the Sacramento Junior Museum. That turned out to be a long week for my son. He found that snakes aren't too much fun to play with. Once the snake was safely back at the museum, we made yet another trip to the shelter for cat #4.

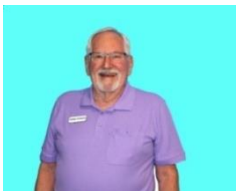
With these four new fur babies came responsibility for taking care of them by my kids. This was good for them to learn since there would be many more cats and dogs in their adult lives along with multiple children of their own.

I always believed that animals and children should be raised together. It was successful for me and my four kids. If you want to ask them, I'll give you their contact information.

### **BUNCO** **Beulah Radcliff and Cindy Cronk**

Bunco is played on the third Tuesday of every month at 1 p.m. in the clubhouse. It's just \$5 to play and all monies are returned as prizes. Come and join the fun.

### **HAZARDOUS WASTE** **Norm Schoch (Hazardous Hairy)**



Hello again fellow "Sleepy Hollow" aka Lakeview Village friends and residents. Well, I hope that everyone had a wonderful holiday season with family and friends.

Happy New Year to all. Best wishes for a great 2023.

Time to resume Household Hazardous Waste collection again. As always, your LVV Duke of Hazardous will be in front of the clubhouse from 11:30 a.m. until noon on the last Saturday of the month January 28th for collection. We should be running out of junk pretty soon but until we do, we will continue the service.

Again, if you have any questions, please call Norm @ 919-910-9079.

Thanks from you Dukes- Norm, Ken, and Don. The reason that garbage men are happy is because their business is "constantly picking up"

### **SOMETHING NEW – A CLOTHING SWAP** **Lue Junious**

\$5.00 to enter the swap at the clubhouse. You will be welcome to try on anything or take home anything you like – there is no limit.

Here's how it works: On January 20<sup>th</sup> bring your donations to the clubhouse between 10 a.m. and 5 p.m. **Men's and women's clothing in bags, sizes marked on bags, one size per bag.**

On Saturday, January 21<sup>st</sup>, doors open at 10:30 a.m. and close at 4:30 p.m. Remember, \$5.00 to enter, try on and take home as much as you like. We'll have a place for try ons. In these hard times we could all use a new outfit or more. We also accept costume jewelry, men's neckties and purses. Have fun!

Call Lue Junious with questions; 916-410-2727 – leave message.

### **BOTTLES AND CANS** **Jeff Petersen**

Hi Neighbors!

We had a good year for your donations. You raised over \$3,000. That's fantastic. Your bottles and cans crew thank you for all the donations you made this year. Keep drinking and stay hydrated. We always can use those containers.

I am including a copy of my last email blast just to remind you what is allowable and what is not in case some residents did not see it.

Just in case you forgot, which is more than easy to do for some of us, I'll list what we can pick up and what should just be placed in your blue recycle bins for normal bi-weekly pick up.

- Clear water bottles
- Opaque water containers
- Soda and Juice containers but not those listed as 100% juice
- Glass, most soda and beer
- Aluminum soda and beer cans

Consider the following if you still are unsure of the above list. If you paid a CRV fee when you purchased your item, we can turn it in for refund. How do you find the CA-CRV on your empty container? Check the bottom of the can, and if it's not there, check the label in and around the ingredients or nutrition information. If you can not find the CRV stamp, consider it for your normal blue recycle bin instead.

What are the items that should not be placed out to the curb for us to collect? Here's a short list for you:

- Opaque milk jugs
- 100% Juice containers
- Food containers of any type
- Alcohol and Wine bottles

The State of California refunds CRV items at different dollar amounts, therefore, we must make sure all loads are properly separated. Please no trash, we can be asked to leave the premises if found.

I hope this article was able to clarify what we can pick up and what we cannot. These refunds benefit our community projects that we all enjoy. Thank you and have a wonderful Holiday Season.

## **VETERANS' GROUP** **Diane Weber**

Our next meeting will be Thursday, January 26, 2023 at 10:00 a.m. at the clubhouse. We will be discussing VA Cemetery benefits.

If you have any questions, call Diane Weber at 530-828-5777.

## **BOOK CLUB** **Glenda Tinsley**



***“For one who reads, there is no limit to the number of lives that may be lived, for fiction, biography, and history offer an inexhaustible number of lives in many parts of the world, in all periods of time.”***

*—Louis L'Amour*

Read the selected 'Book of the Month' and come to the *Lakeview Village Book Club* to share your thoughts. ***We will meet this month on January 27, 10:00 a.m. sharp, in the clubhouse.*** Books selected to read/discuss are in a variety of genres and are loaned to club members at no charge, courtesy of the Sylvan Oaks Public Library's free service of *Book Club in a Box*.

For complete information, contact LV book club leader, Glenda (831) 252-9440 or (916) 599-7727.

## **KARAOKE / PIZZA / SHENANIGANS** **Sam Kuykendall**

What a great trio. Mark your calendars. January 28th will be the date for this triple event.

Start the evening off with the Fabulous Shenanigans group when the bar will open at 4:00 p.m. Then, at around 5:00 p.m., (once you get some liquid courage in you) we will start performing Karaoke with your host Sam. It doesn't matter whether you are good or bad, it's all about having fun. Everyone cheers for everyone.

By this time, you should be getting hungry. Our Chef Extraordinaire, Diane Perry will be serving Pizza and Salad. However, in order to know how much pizza to prepare our wonderful Gayle Wilson will be selling tickets for \$5 each on January 17th, 18th, and 19th from 10:00 a.m. to noon in the clubhouse.

## **OUTDOOR DECORATION JUDGING** **Sandra Huddleston**

### **Outdoor Decorations Judging Results**

The Social Committee and Association Board would like to thank everyone who participated. There were 28 ballots cast in 7 categories. Results are as follows:

**Best Depiction of the Holidays:** 1<sup>st</sup> 6124 Blucher Ln, 2<sup>nd</sup> 6632 Silver Springs

**Most Decorations/Lights:** 1<sup>st</sup> 6907 New Creek, 2<sup>nd</sup> 6940 New Creek, 3<sup>rd</sup> 6729 Kate Ln.

**Best Inflatable Display:** 1<sup>st</sup> 6988 Radiance Cir. 2<sup>nd</sup> 6225 Summerset Ln, 3<sup>rd</sup> 6129 Mame

**Spiritual/Religious:** 1<sup>st</sup> 6311 Hidden Stream, 2<sup>nd</sup> 6994 Radiance Circle

**Most Humorous:** 1<sup>st</sup> 6632 Silver Springs, 2<sup>nd</sup> 6924 Daisy, 3<sup>rd</sup> 6129 Mame

**Most Original:** 1<sup>st</sup> 6940 New Creek, 2<sup>nd</sup> 6632 Silver Springs, 3<sup>rd</sup> 6913 Radiance

**Most Decorated Street:** New Creek

**Outdoor Decorations Honorable Mention:** Lakeview Village clubhouse

## **LIBRARY** **Betty Rentsch**

Not much news from the library this month. Everyone is working hard keeping the library clean and orderly for our Lakeview Village residents.

Happy New Year - may your new year be filled with happiness.

## **IMPROV GROUP** **Glenda Tinsley**

There will be no Improv in January.



*Loving memories never die,  
As years roll on and days pass by.  
In our hearts a memory is kept,  
Of ones we loved and will never forget.*

Mary Shevlin  
John Choo  
Joan McCullough



## **NEW RESIDENT COMMITTEE** Peggy Hillis, Chair



The realtors have been busy in Lakeview Village. Forty homes sold and closed as of December 19, 2022. We have ten homes for sale and four were taken off the market. Our new resident booklet should be ready to hand out to our new 2022 residents by the end of January. The committee is planning a welcome brunch soon for our 2022 new residents.

Contacting some of our new residents has been difficult. The committee members will call on homes and if the resident is not home, we leave a paper message on the front door. The message includes a phone number to call. When the resident calls us we will either make

an appointment to see them at home or interview them over the phone.

Any new owner who hasn't been contacted, please let us know. I can be reached at 805-888-9461. We can do a phone interview.

## **BINGO**

### **Judy Wilson**

Bingo is played every other Thursday. Come at 5:30 p.m. to get your paper and the game starts at 6:30 p.m. This month, Bingo will be on the 5<sup>th</sup> and 19<sup>th</sup> of January.

## **CRIBBAGE**

### **Val Lea**

Cribbage will be held on January 3rd, 17th and 31st of the month. All are welcome! We meet at 6.30 p.m. in the clubhouse and usually play till around 8 pm. Fun is had by all even those who do not win. Beginners are welcome, even if you have never played we can teach you, it is a fun, easy game with loads of levels of skill involved. Why don't you join us and see. Val Lea 408-460-6345.

## **GARDENING NEWS**

### **Martha Kelley**

**Winter Preparation for spring planting** in our village gardening plots is happening. We are hoping you will get the gardening bug and get started as well. There are several plots that are not being winter prepared yet. Go to the Lakeview Village Management Office and obtain or confirm your space right away so you can also get a jump on winter prepping. By spring we hope to have some healthy, rich, soil to put our seedlings in without spending a fortune at Home Depot. We are also asking you to help collect gardening stuff that will help defray the cost and enrich our gardens. An example of the items that would be helpful for you to bring to the composting plots in the garden area are egg cartons, toilet paper and hand towel rolls, shredded paper (no shiny paper), citrus peelings, egg shells, hair, coffee grounds, fall

pumpkins, and kitchen scraps. These need to be brought separately as they are processed differently.

We take the citrus peelings and eggshells and put them on the dehydrator or in the oven and then grind them up. Egg shells will go in the ground before your seedlings or larger shards are put around your plants to keep the slugs away. Citrus powder wards off pests & fertilizes around the surface of your plants. Shredded paper, napkins, toilet paper rolls are all good to add to coffee grounds as well as to aerate your compost making it a better environment for worms and the "cooking" process of composting.

Because of privacy issues, the management office will not provide contact information for those with **garden spaces. So, if you will provide me with your email and contact info, you will be in the know about our get togethers, we can create a gardening blog of sorts and a way for us gardeners to glean from each other and have a more enjoyable gardening experience together.**

Our **FIRST** get together will be, **Saturday, January 14<sup>th</sup> when it is time to start your spring seedlings.** We will watch YouTube together, swap ideas, give encouragement, and plan for spring planting season. As it is time, we will make all the stuff we will be collecting available for those who want to take part. The whole village will benefit from our efforts as I am sure that when we have an overabundance of wonderful produce it will be shared at the Farmer's Markets.

So, we can all join in the process without committing to a garden plot. Just collect the items requested and bring them to the Composting Plot with the white lattice fence near the maintenance shack. There are buckets for your kitchen waste/ a pile of small twigs, and green yard clippings/ bags of dry leaves with holes poked in the bags for aeration/ garbage bags of shredded paper/and a compost bin that is at this

moment **cooking** and hopefully will be ready in the spring. Don't fill up the landfill or grind it down your garbage disposal! Bring your good stuff and put it to work!

Call/text me: 916-390-6295  
Email: [mkelley7117@gmail.com](mailto:mkelley7117@gmail.com) Martha  
Kelley Let's **does this together!**

## **CHOCOLATE TRIVIA:**

We love our chocolates. We love it so much, that Americans consume over 3.1 billion pounds of chocolates per year. On average, each of us will consume over 10,000 chocolate bars in our lifetime!

- While 75% of chocolate purchases are made by women all year long, during the days before Valentine's Day, on Valentine's Day 75% of the chocolate purchases are made by men.
- Chocolate comes from the Cacao or cocoa bean, grown on a Cacao tree. That's right, it is from a plant, therefore, it's a vegetable.
- The Aztecs once used cacao beans for currency.
- Columbus brought Cacao beans back to Spain in 1520. It quickly spread across Europe.
- The first chocolate chip cookie was invented in 1937 by Ruth Wakefield who ran the "Toll House Inn."
- Approximately 40% of almonds produced in the world are made for chocolate products
- Approximately 70% of the world's cacao is grown in Africa.
- The Mars company invented M&Ms for soldiers during World War II.
- Research suggests that dark chocolate boosts memory, attention span, reaction time, and problem-solving skills by increasing blood flow to the brain. This makes chocoholics very smart people.
- In 1942, the first chocolate bar was made by English chocolate company Cadbury.

- The Babe Ruth bar was created in 1920 by the Curtiss Candy Company. It was named after the famous baseball player.
- Cacao originated in Central and South America more than 4,000 years ago.
- The Cacao tree can live for over 200 years. But, it only produces for 25 years.
- It takes approximately 400 cacao beans to make one pound of chocolate.
- 70% of the world's production of cacao beans comes from West Africa.
- Hershey's produces over 70 million chocolate Kisses every day.
- A chocolate bar is actually low in cholesterol. A 1.65 oz. bar contains only 12 mg.
- Dark chocolate has been scientifically shown to be beneficial to human health. Milk chocolate, white chocolate, and other varieties are not.
- Women tend to prefer white chocolate, while men generally prefer bittersweet or dark chocolate. Like 'em both? That's perfectly fine.
- One chocolate chip can give a person enough energy to walk 150 feet. Need the energy to walk a mile? Consume just 35 chips.
- American and Russian space flights have always included chocolate.... I bet that's a sweet ride!
- A 1.5 oz. milk chocolate bar has only 220 calories, less than a 1.75 oz. serving of potato chips at 230 calories.
- Chocolate contains phenyl ethylamine (PEA), a natural substance that is believed to stimulate the same reaction in the body as falling in love.
- Hawaii is the only US state that grows cacao beans.



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