



THE CRIER

FEBRUARY 2023

BOARD PRESIDENT

Leslie Beecher



FEBRUARY is a month of caring and sharing, and this is looking to be a year of NEW BEGINNINGS.

As we go into 2023 there are numerous fun-filled activities sponsored by the Social Committee, various Speakers, Fundraisers, HAPPY HOURS, and of course the Farmers Market on Fridays. Please plan to attend the many events and gatherings we have to offer. If you find you have a little FREE TIME this year...

- Join a Committee
- Volunteer to help with a Fundraiser
- Or simply help clean up after a HAPPY HOUR

This is our community and we need to be as involved as possible to ensure we STAY SAFE and HAVE FUN! And, for those of you who are already involved...THANK YOU SO MUCH! You are what makes this community a great place to live!

As promised, here is the latest update from Scott Miller, COO of the Catholic Cemetery Services and property at the back gate.

They are in the final phase of the project and nearing completion of the Funeral Center. All interior work should be done in the next week

or so. Landscaping, fencing, and gate installation should be completed by February 1st depending on weather.

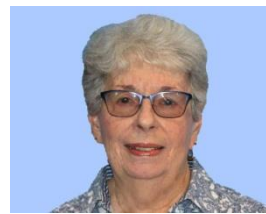
March 1st is currently scheduled to be the GRAND OPENING and DEDICATION by Bishop Soto. I know the project has been a bit of an inconvenience for us all, but it will soon be a beautiful addition to our back gate property.

Last but not least, please remember to watch out for and help our older neighbors who are possibly housebound or cannot easily get around. If you notice your next door neighbor or someone on your street hasn't been out for awhile, give them a call or knock on their door to make sure everything is ok. I'm sure they will appreciate someone's kind attention.

And if You Are New to our Community, I cannot wait to meet you! Look for me at the next EVENT or HAPPY HOUR.

SPOTLIGHT ON...

Anne Sandler



Lyn McKim

She's passionate and dedicated to health; not just hers but yours, too. A role model, Lyn McKim walks Lakeview Village 5 miles per day, 5 days a week, even in the recent rains. You've probably seen her walking fast. As of January 15th, she's walked 50 miles since the beginning of this year.

"Treasure your good health and don't take it for granted. It is the greatest gift you have," says Lyn.

The youngest of three children, Lyn says she was a post WWII addition to her family. Her determination to maintain her maximum well-being stems from a pattern of alcoholism in her family. She's determined to not repeat that pattern. And, she has succeeded.



Her road to our village began in Iowa. Meeting her first husband, married in 1967, while attending the University of Northern Iowa, Lyn put her life on

hold to put her husband through college. "I regret not returning to college," says Lyn.

In 1971, Lyn and her husband moved to Milpitas in Northern California. The couple's two children were born while there. In 1976, the couple divorced. Lyn picked up the pieces and graduated from the Dental Assisting Program at Andon College in San Jose. From there she worked 25 years as a dental office manager.

A single, working mother, Lyn remarried in 1980 and eventually divorced in 2014. During their marriage life took them to Huntington Beach and El Dorado Hills back in Northern California. The divorce forced a sale of the El Dorado Hills home and Lyn, now age 75, moved to Lakeview Village in 2015.

"I feel fortunate that through the stress of divorce, I had the support of wonderful friends," she says. "I went through a great deal of personal development. I'm determined because of my family history and addictive personality. When I want to do something, I get it done!"

During the marriage and divorce, Lyn also found comfort in her new passion—running. She began what was to be a life's passion in

1993 when at the age of 45 she ran her first marathon: The Los Angeles Marathon. "I started working out in 1987 and ran with the L.A. Road Runners. It was a great training program. The program inspired great friendships," she says. One friend wouldn't leave me behind at mile 10. "I've trained with you for 7 months and I'm not leaving you here," said the friend when Lyn was so tired she had to walk instead of running.

"After a marathon, I feel exhilarated. It's right up there with the birth of my two children. You need to adhere to your training schedule and finish it."

There was no stopping her after that. Since that first race, she's run in 8 more marathons (26.2 miles) and 100s of 5Ks (3.1 miles), 10's (6.2 miles) and half marathons (13.1 miles). And, she's got a quilt made out of many of the T-shirts from those races. But good health needs more than being physically fit, you need to balance your body with nutrition—Lyn's second passion.

"In 1988 I was introduced to Matol (Km) nutritional products and studied nutrition. I'm now a Certified Natural Health Professional," she says. "In 2000, I studied essential oils, became a French Medical Aromatherapist and joined the goDesana company. Both are network marketing businesses. I'm dedicated to improving health. You can't buy back health once it's gone!"

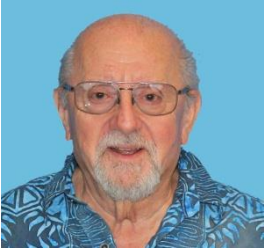
"I read 'Diet for a New America' by John Robbins in 1990. It caused me to decide to become a vegetarian and I'm now a Vegan. If our nutrition is poor, we can't get what we need to be healthy. Today's food is so processed that we need to supplement our diets," she says.

Along with eating healthy, Lyn encourages us to live in forgiveness and gratitude. "I live in gratitude. Every day I say to myself that everything happens for a reason and purpose to serve me," she says.

It does serve her well. She is happy. When you see Lyn walking in our community, stop, say 'hi' and share a smile. Smiles can brighten even the dullest days.

OUT FROM BEHIND SHENANIGANS BAR

Al Fichera



It's that special month once again, and time to bring out and dust off those romantic cocktail ideas. I mean, you really don't have to wait a whole year to try one, if the mood strikes you, give one a try anytime. Let it be known, these cocktails definitely are "Swan Approved Love Cocktails"; I had to cut a deal with two testy swans before they agreed to sit for their portrait for this month's Crier cover, otherwise, they were outta here! Maybe you don't know this, but swans can be funny that way. However, they did settle on the following because of the chocolate, but thought I wasn't trying hard enough for them. Anyhow, testy and opinionated swans aside, some of these aren't real budget busters and you might just have some of the ingredients on hand already.

You'd be surprised at how many cocktails, bartenders consider "Valentine's Worthy;" be that as it may, the swans and I settled on the following three for this year. Maybe next year I'll find even more S.A.L.C., "Swan Approved Love Cocktails," for you, or just skip the swan approval thing, period. I hope there is at least one that you will find intriguing enough to try, and if you do, why not ask us to create it for you at Shenanigans one day. These are this year's choices:

GODIVA CHOCOLATE MARTINI

2oz Godiva Chocolate Liqueur

(Godiva is pricey, you can pay from \$33 to \$199 for this, or you could downgrade to Creme de Cacao for a lot less money. Just don't call it a Godiva Martini, okay?)

1oz Vodka any will do, hey, it's vodka.

1oz Bailey's Irish Cream (Costco's Kirkland version is a great imitation and you'll save some money too.)

.5oz Whole Milk (If you don't have milk on hand, increase the Baileys, like who's gonna know?)

Scoop of **Ice**

Garnish with **Cocoa powder** or **chocolate shavings**

(If you're gonna spring \$33+ for the Chocolate Liqueur, you might as well spring from some chocolate shavings!)

HOW TO MAKE:

Combine Baileys, Chocolate Liqueur, and vodka in a large cocktail shaker. Fill with ice and shake until thoroughly chilled, about 20 seconds. Pour and brag if you sprang for the Godiva, why not!

DEATH BY CHOCOLATE

1oz Chocolate Vodka (Do you have some chocolate syrup on hand, skip buying chocolate vodka.)

1oz Bailey's Irish Cream (See above.)

1oz Creme de Cacao (See Godiva above.)

Chocolate Ice Cream (This sounds like fun, huh?)

Garnish with **Coca powder** or **chocolate shavings** (See above.)

HOW TO MAKE:

In a blender, combine chocolate vodka or vodka and chocolate syrup, Baileys, Creme de Cacao, and chocolate ice cream and blend well. Drizzle chocolate syrup on the inside of a glass and pour mix into the glass. Got a straw?

LOVE POTION #9

1.5oz Vodka (Beginning to think Vodka should sponsor this column.)

1oz Peach Schnapps (Not a very expensive addition to your bar stock.)

2oz Orange Juice (You can use frozen OJ right out of the can too, if you're not into OJ all the time.)

2oz Cranberry Juice (Buy the 100% Juice version, not the mixed with water kind.)

Garnish **Orange Wedge** (It is optional if you don't have any on hand.

HOW TO MAKE:

Fill a glass with ice and add the vodka, peach schnapps, and orange juice. Pour cranberry juice over. Enjoy!

See you at Shenanigans!

SOCIAL COMMITTEE

Kathy Cooley and Peggy Hillis



Hoping everyone survived the wind and rain we experienced recently. We want to remind you that every event is organized and presented by resident volunteers. Our Social Committee meets on the second Wednesday of every month at 10:00 a.m. in the clubhouse. Our next meeting is February 8th. We always look forward to new ideas and members to plan events for the rest of the year. If you are new to the park, it's a great way to get involved and meet new friends.

The New Year's Eve party was a HUGE success! Everyone enjoyed themselves. The wonderful appetizers provided by all of you were delicious and plentiful! The band, FBI, played our favorite tunes right into the New Year.

Please remember NOT to park in the "No Parking Zones" as it they are reserved for EMERGENCY VEHICLES ONLY. Thank you for your cooperation. It could be YOU that requires the emergency.

As a reminder, always bring your ticket for admission and meals to *all* events. Ticket sales for the Valentine's Dinner are still available February 1st and 2nd in the clubhouse from

10:00 am to noon. Dinner will be prepared by our resident caterers, Paul and Pat March and will feature Chicken Parmesan with pasta, side dishes and dessert. Yum! Enjoy the music of Chrystal Image for your listening and dancing enjoyment. See you at Shenanigan's and the dance floor.

Mark your calendar for our special occasion, MEMORIES, an afternoon with Barbra Streisand featuring Sharon Owens on Sunday, March 26th. Tickets are \$20.00 per person. Enjoy your favorite Barbra songs and exquisite hors d' oeuvres. Shenanigan's will be open to serve your favorite adult beverages. Cocktail attire preferred.

Thank you to everyone who stays and helps with clean up after our events. As my dad always said, "Many hands make for light work!"

<u>Day</u>	<u>February</u>
3,10,17,24	Farmers Market
1/31, 2/1,2/2	Valentine's Ticket Sales
8	Social Committee Meeting
	Board Meeting
8	Association Meeting
11	Valentine's Dance & Dinner
18	Fiddlers
25	Happy Hour Mardi Gras

COMPUTER USERS' GROUP

Rosalie Ingle



Sorry that the January CUG meeting had to be cancelled. The February meeting should go on as usual on Wednesday, February 1, 10:00 to noon in the clubhouse. Al and Wayne will be running the meeting for this month.

Bring your questions and problems on your iPhones, laptops, notepads and computers and give the group a chance to help you solve them. You WILL learn how to look up problems on line. I now save myself about \$25

every time I have a problem with my computer by knowing where to go to get tips about computer problems.

We will work on renaming the group at our March meeting.

Remember, this technical group for seniors meets the first Wednesday of every month at 10:00 in the clubhouse.

FROM DIANE'S KITCHEN

Diane Perry



No recipes this month. I want to tell you about a fundraiser I'm beginning this month to update equipment in the clubhouse kitchen. Some of the equipment is really worn out and needs to be replaced. So, I've decided to donate and sell my homemade

jam with all the money raised going to the Lakeview Villagers' Association. I will also accept cash (and check) donations. Jams will be available for sale before and after the February association meeting.

Eight-ounce jars will sell for \$5.00. Jam ingredients are fruit, pectin, and sugar. Some jams contain liqueurs or spices as labelled. I'll be taking email dperry98@hotmail.com, phone 916-745-1099, or text orders 408-242-3502. Also checks payable to Lakeview Villagers' Association. Contact Diane if you want a sweet treat to start your mornings.

Jams Available Include (limited quantities)

Apricot, Apricot Cinnamon, Blueberry , Blueberry Lime, Blackberry, Cherry Amaretto, Raspberry, Blueberry/Raspberry Peach, Peach Cinnamon, Peach Amaretto, Strawberry/Cranberry, Strawberry/Cranberry/Orange,

Xmas Jam (Strawberry/Cranberry/Orange with allspice, cloves, and cinnamon).

NEIGHBORHOOD AWARENESS

Gary Kiddie (916) 847-4909

Happy February everyone. We had a very wet and stormy January and trust all of you made

it through without any severe damage. Nothing astonishing happened as far as I know regarding our Neighborhood Awareness goals. We had some reports of trees down, a speeder here and there, and a few residents that were on trips and requested drive bys. They finally installed the spikes in the exit gate at the front. The back gate is near completion. We got back on track with our January meeting wherein I had another guest speaker, Alan Baker, who spoke about Avoiding Internet Fraud. He gave a wonderful Power Point Presentation on Computer and Cell Phone fraud. I have copies of his presentation if anyone would like more information.

As we get more into the year, I will have more guest speakers and I need feedback from any of the residents in the park that feel there are other subjects we need to be discussing at our meetings. I understand from Roger that the Advocacy Meetings are back underway as new legislative changes will affect all of us. He has some great information you will not want to miss, so I encourage you to attend when you can.

I must compliment all the members of our board and all the committees for their diligent efforts to keep our residents in this park active, safe and entertained. Most of the residents do not fully know or appreciate how much work goes into planning social events, accountability, the Crier, monitoring and handling activities in and around the kitchen, and basically provide a wonderful place to live. They try to work with management to assure your rights are protected and to secure its assistance when appropriate. Management will listen and cooperate with us, on occasion, so that issues are resolved in a meaningful and respectful manner. If you have never attended some of the many activities and planning meetings, such as the board's, I encourage you to do so sometime.

Again, if you see anything unusual, please contact one of us. If I am unavailable call another volunteer.

Jay Gluck (916) 728-6194
Victor Michael (916) 704-1816
Rick Shafer (916) 485-2623
Judy Wilson (916) 878-7125
Dave Wheeler (707) 292-0777
Rick Shafer (916) 485-2523

BUNCO

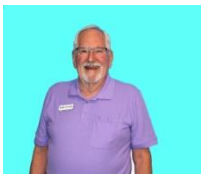
Beulah Radcliff and Cindy Cronk



Mark your calendar for Bunco on Tuesday, February 14, at 1 p.m. This is also Valentine's Day so you will be able to wish a Happy Day to your Bunco buddies. Be sure to bring \$5 to play, and remember, all money is returned to players in prizes. Tuesday, February 14 1 pm. Questions: Cindy 916-390-7726 or Beulah 916-725-4928.

HAZARDOUS WASTE

Norm Schoch (Hazardous Hairy)



Well it is time again for our monthly Household Hazardous Waste collection. Your LVV Dukes of Hazardous will be on station on the 4th Saturday, February 25 from 11:30 until noon as usual for you to drop off your hazardous items, old paint, batteries, old meds, fluorescent tubes (taped together) please etc. If you are not sure what is acceptable, please call Norm @ 916-910-9079 for clarification. Thanks for your cooperation.

Your LVV Dukes of Hazardous Norm Schoch, Ken Ingle and Don Hellar.

BOTTLES AND CANS

Jeff Petersen

Happy New Year to Everyone

We started off this year a great note. We raised \$317. I wish to thank everyone for your donations. Please keep drinking and making those donations.

Thank you Mark Reed and Mark Fagley for helping with collecting the bottles and cans.

VETERANS' GROUP

Diane Weber

Lakeview Village Veterans group will be meeting at the clubhouse on Thursday, February 23, 2023 at 10:00. If you have any questions, call Diane at 530-828-5777

BOOK CLUB

Glenda Tinsley

"I treasure the books that I can read repeatedly and happily, as well as those that deprive me of sleep because I simply can't set them down."— Wanda Pedersen



Read the selected Book of the Month and come to the *Lakeview Village Book Club* to share your thoughts. ***We will meet this month on February 24, 10:00 a.m. sharp, in the clubhouse.*** Books selected to read/discuss are in a variety of genres and are loaned to club members at no charge, courtesy of the Sylvan Oaks Public Library's free service of *Book Club in a Box*.

For complete information, contact LV book club leader, Glenda (831) 252-9440 or (916) 599-7727.

LIBRARY

Betty Rentsch

What a month of crazy weather. Rain, wind, thunder and lightning, stay inside and read books and drink cocktails weather. Lots of new exciting books and magazines to enjoy while cozy indoors.

We have noticed that no one is doing puzzles anymore, so we are going to start one and hope others add a piece of two when they venture into the library to exchange their books.

Also, I want to remind everyone that used batteries go on the bookcase by the pool room door. We don't want "Hazardous Harry" to miss taking old batteries when he makes his hazardous waste run.

Thank you again to all the library helpers, you are so appreciated. I love to hear your suggestions and ideas.

EMOTIONAL SUPPORT GROUP
Evie Sholtis

Our small group started in November 2022, to help those who have suffered the loss of a loved one get through the holidays. Those attending wanted to continue into 2023, so we've expanded the umbrella, so to speak, to include anyone going through a traumatic event or loss. We're just there to support each other by sharing our own hearts and experiences. Everyone is welcome.

We've agreed to respect each other's privacy by not talking about what is shared outside of our group.

We meet on the 2nd and 4th Tuesday at 1 p.m. to 2 p.m. of each month in the clubhouse coffee room. For questions: Please contact Evie Sholtis @ 916-471-8240 and leave your name and phone number.

CHRISTMAS IN JULY

Hey all you Lakeview Village crafters....are ya ready for Christmas in July? We're now accepting applications, tables are still \$20 each. Set your calendars for July 8th, 9 a.m.-2 p.m.

For more information or applications
Cathy Wheeler.....707-292-2440
Sam Kuykendahl.....916-715-5915



*Loving memories never die,
As years roll on and days pass by.
In our hearts a memory is kept,
Of ones we loved and will never forget.*

Carolyn "Susie" Fonteyn
Jim Johnston



BINGO
Judy Wilson

Bingo is played every other Thursday. Come at 5:30 p.m. to get your paper and the game starts at 6:30 p.m. This month, Bingo will be on the 2nd and 16th of February.

CRIBBAGE
Val Lea

Cribbage is held every other Tuesday and all levels of play are welcome, even beginners. The dates for play in February are the 14th and the 28th. Mark your calendars now and I hope to see you then. Val Lea 408-460-6345.

GARDEN NEWS
Martha Kelley

BELIEVE IT! It is time to start your seedlings for Spring Planting.

First: **DON'T be discouraged** if you do not have your garden plot confirmed yet. The long-time history is that in January, the management office contacts and confirms those who have had each plot in the past. This way she knows which plots are available to those on the "Waiting List" to receive a gree

Gardening plot. So, get on the waiting list NOW. If you already have a plot, **PLEASE DO US AND THE MANAGEMENT OFFICE A FAVOR.** Call in (916) 729-0460 NOW and release your plot to others if you do not plan to plant this year. If you are not sure if you still have one, call anyway and confirm and or answer Kristi's call when she contacts you! THEN, contact me with your information so you can glean from and add your expertise gardening tips and help. We will stay in touch throughout the gardening season mostly by email.

Our goal together is to come up with ideas and plans to save or spend no money where we can make spring planting not only a joy but a thrifty thing to do this year. Starting your own seedlings now helps with the cost. Start extra seedlings and share them at the Farmer's Market for the late comers to the LVV Gardening Team.

Second: **It is not too late!** It is time right now to get your seedlings in little pots and under grow lights and plant heating pads. Those of you who have given me your contact information, met on January 14th at our first gathering for the 2023 spring planting. email and I can share information we gleaned There are helpful links at the bottom of each bullet point covered. Here are a few tips for now.

- Use guide to choose which seeds to start indoors and when
- Use paper pots or pots that you can just plant in ground w/Drainage holes
- Tray without holes to set pots in (cookie sheet, salad container, use your imagination)
- Some type of growing lights (shop light, LED light, ... Home Depot.)
- Use potting soil with fertilizer (don't skimp here, get the good stuff)
- Use rainwater on your seedlings or let your tap water set for a few days in open container

- Pre-wet the potting soil (first watering does not absorb readily) Water with a spray bottle
- Plant more than you need (some seeds don't germinate or you can share seedlings with others)
- As the daytime weather reaches 50-60's put your seedlings out in the sun. Don't forget to bring them in during the cold nights
- Serious commitment to the 6-8 weeks of watering and caring for your seedlings daily!

Our next Gardening Gathering will be Saturday, February 4th at 10:00 AM. Location to be announced. Watch the information board at the clubhouse entrance.

Martha Kelley, (916)390-6295 / mkelley7117@gmail.com

DID YOU KNOW

Wanda Johnson

- Did you know the color of your car says more about you than just your personal preference?
- Black cars denote an aggressive personality or someone who's an outsider or rebel (who knew?)
- Silver, Calm, and slightly aloof.
- Green, Often people with hysterical tendencies.
- Yellow, Idealistic and novelty-loving.
- Blue, By the more introspective, reflective, and cautious driver.
- Gray, Calm, sober and dedicated to their work.
- Red. Those who are full of zest, energy, and drive and who think, move and talk quickly.
- Pink, Gentle, loving and affectionate drivers.
- Cream, Self-contained and controlled drivers.

- Where do you fit in?
- Left-Hander Superstitions and terms
- Today, 10 to 20 percent of the world's population is left-handed.
- A left-handed compliment is an insult.
- A left-handed baseball pitcher is called a southpaw (there is no such thing as a northpaw)

FREE ADS FOR RESIDENTS ONLY

FURNITURE AND MISC HOUSEHOLD ITEMS FOR SALE. February 1, 2, and 3 from 10 a.m. to 3 p.m. 6120 Summerset Lane.

Joy 916-722-3617

WANT MORE ENERGY, fewer aches & pains, a stronger immune system? I'll teach you how!
Call/text

Lyn – 916-276-3330

Looking for a REALTOR in the park? Contact me for a market analysis of your home's value or to chat about your real estate needs. **Char Henderson, Lic# 02121687, 916-622-1109, charhenderson@golyon.com**, Lyon Real Estate Lic#00182401

CATERING all events birthdays, parties, and celebrations of life. Reasonable rates.

Paul 916-856-6966

Independent Mary Kay Beauty Consultant.

Contact me for complimentary makeover.

Kathleen Sanders 1-602-751-4406

I live in the park and am available for services you may need including personal care. I'm certified & registered with the state and have great references.

Joyce 1-916-690-7305

YEAR AROUND EXPERT INCOME TAX

SERVICE: 30+years' experience ~ Enrolled Agent-

Sandra Wheeler 1-916- 725-4368

EDUCATE & EMPOWER YOUR IMMUNE SYSTEM with messenger molecules. Not a vitamin, mineral or herb. Made by the immune system for the immune system.

Carolyn Weeks 1-916-956-8226

LYFT Driver available for the village

Lori Withers 1- 916-769-6364

MOBILE BARBER/ HAIRCUTS.

Maria 1-916-827-1030

NOTARY PUBLIC, for appt. call **Martha Kelley**

- 1-916-390-6295

AVON REPRESENTATIVE: See me for all your Avon needs. **Cindi Johnson 1-916-242-0043**

KATHY'S KORNER: Need a ride to appts., doctor, airport or shopping? Help with home projects or organizing? Dependable and reasonable.

Kathy 1- 503-522-2447

NEED SOMEONE TO GROCERY SHOP? Do errands. Drive you to the airport or doctor? I also have work experience in PARTY & EVENT PLANNING.

Glenda 831-252-9440 or 1-916-599-7727

LANDSCAPING CONSULTATION Landscape Designer, UC Davis Master Gardener, over 30 years' experience.

Dorothy Ritter 1-916-725-0223

FUNERAL EXPENSES: We help put a plan in place for the costs so your family won't have to in a very difficult time.

Paul 1-916-856-6966

DONATE eyeglasses to Lion's Club and pet food to Meals on Wheels for distribution to needy seniors with pets. Bring to Friday Farmers Market .

SHAKLEE SALES: Too young to retire? Shaklee pays you seven ways to show others how to save money and live healthier lives, #1 Natural Nutrition Co. in U.S.

Rosalie Ingle 1-916-728-6703

To place an ad email Linda Evans at evansjellybean@aol.com

**Guitar & Fiddle Jam
Saturday, February 18th 1-4 PM
Lakeview Village clubhouse
Open to all, come join us.
Bring your instrument, voices
Karen Hellar
916 572-0692**